

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Cara Crichton

Has successfully participated & completed the

Solo Heifer Cowhouse Cross Duathlon 2018 #4

held at Cowhouse Market.

**TIME** 01:20:24

**PACE** 08:01/km

**OVERALL** 7 of 7

**GENDER** 4 of 4

< 13 4 of 4

15 July 2018, Sun

Date

